


Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Jiu Jitsu All Levels 6-7		Jiu Jitsu All Levels 6-7			
					Kids Muay Thai 930-1015	
					Kids No Gi 1015-11	Jiu Jitsu All Levels 10-11
Jiu Jitsu Int/Adv 11-12		Jiu Jitsu Int/Adv 11-12			Jiu Jitsu All Levels 11-12	
Muay Thai All Levels 12-1	Jiu Jitsu No Gi 12-1	Muay Thai All Levels 12-1	Jiu Jitsu No Gi 12-1	Jiu Jitsu Sparring 12-1	Muay Thai Bag and Pad 12-1	
Kids Jiu Jitsu 5-550	Kids Jiu Jitsu 5-550	Kids Muay Thai 5-545	Kids Jiu Jitsu 5-550			
Jiu Jitsu Int/Adv 6-7	Jiu Jitsu Fundamentals 6-7	Jiu Jitsu Int/Adv 6-7	Jiu Jitsu No-Gi 6-7	MMA 5-6		
Jiu Jitsu No-Gi 7-8	Muay Thai All levels 7-8	Muay Thai Sparring 7-8	Muay Thai Bag and Pad 6-7	Jiu Jitsu No-Gi Sparring 6-7	BJJ Sparring 6-7	
Muay Thai All levels 7-8	Jiu Jitsu No-Gi (Open Mat) 7-8	Jiu Jitsu No Gi 7-8	Jiu Jitsu All Levels 7-8			
Jiu Jitsu Fundamentals 8-9	MMA 8-9	Jiu Jitsu Fundamentals 8-9				